

GAYLE SHIMOKAJI M.D.
Medical and Surgical Ophthalmology
Diseases and Surgery of the Eye
1000 S. Eliseo Dr. #203
Greenbrae, Ca. 94904
415-925-2020
fax:415-925-1870

POST OPERATIVE INSTRUCTIONS FOR STRABISMUS SURGERY

1. Expect the eye to be red and irritated with occasional tearing. This should gradually improve over the next several weeks.
2. There are no restrictions on diet. The only restrictions on physical activity are to keep the eyes free of water and dirt for one week. Sponge bathing or a tub bath keeping the eye dry is recommended for the first week. Regular bathing, showering, and swimming are allowed after one week.
3. Call Doctor Shimokaji if you have:
 - Severe and persistent pain
 - Severe and persistent discharge
 - Loss of vision
4. You will be seen in the office on the day following surgery. Please call the office if you do not have an appointment.
5. Your postoperative medications are:
 - ☉Maxitrol drops: 1 drop in each operated eye, 4 times a day for 14 days.
 - ☉Tylenol as needed
 - ☉Vicodan 1-2 pills every 4-6 hours as needed for pain.
 - ☉Artificial tears, preservative-free (over the counter) drops; 1-2 drops in each eye 4-6 times a day for irritation or dryness (for as long as the irritation lasts).