

INSTRUCTIONS FOR OUTPATIENT SURGERY

You are about to have surgery on a very delicate part of your body, modern technology has made it possible to have this surgery without actually having to stay in the hospital overnight. However, we need your help to make the surgery as safe and comfortable as possible.

- Please arrive at Marin General Hospital Surgery center of Marin at _____ time (this is one hour prior to surgery time) on _____.
- **ANTIBIOTIC EYE DROPS.** A prescription will be written prior to surgery to be used starting two days before the surgery. Use the other two anti-inflammatory drops 2 days before as well. (1 drop 4x a day for 2 days prior to surgery)
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT BEFORE SURGERY.** Your surgery may have to be cancelled or postponed if you eat or drink anything after midnight, the night before surgery. **HOWEVER YOU SHOULD TAKE ALL YOUR REGULAR MEDICINES** unless you are requested not to. Pills and capsules may be taken with an ounce or two of water only. Do not take any diabetic medicine the morning of surgery. Do not take Aspirin, Coumadin, or Motrin one week prior to surgery.
- **ARRIVE ON TIME OR EARLIER.** Many things have to be done to get you ready for surgery. Please leave enough time for traffic problems and parking so that you are on time. Early is always better! Someone should drive you. You will be there for 2-4 hours.
- **WASH YOUR FACE WITH PLAIN SOAP.** Before you go to bed the night before surgery, wash your face thoroughly with a plain soap that contains no cold cream or other non-cleansing additives. Deodorant soaps are okay. Wash eyelids and brows with a washcloth and water or baby shampoo the morning of surgery.
- Your eye may be irritated from the tests you had. This is not unusual and should not be a cause for concern unless the eye is so painful that Tylenol cannot control the pain. If that should happen please call us at (415) 925-2020.
- **BRING YOUR MEDICATIONS WITH YOU.** Bring all your eye medications and your other regular medications with you to the hospital, or a list of them all.